Do you want to learn more about how to help your child when they experience challenging behaviors?

Join us for a night with
Dr. James Sanders, Psy.D
Asst. Director of Student Services/Clinical Psychologist
Lake Oswego School District.

Collaborative Problem Solving
The Basics: Skill not Will

Thursday, January 30, 6:30-7:30pm
Lakeridge Middle School Library

How does Collaborative Problem Solving work?
Focus becomes teaching children lagging skills and helping children and their adult caretakers learn to resolve problems in a collaborative, mutually satisfactory manner.

“Challenging” behaviors
Can be: screaming, swearing, defying, hitting, spitting, throwing things, breaking things, crying, running, withdrawing

❖ Challenging behaviors are a way for children to let us know they’re struggling
❖ Challenging behavior is best understood as the byproduct of lagging thinking skills
  ➢ INSTEAD OF as attention-seeking, manipulative, limit-testing, or a sign of poor motivation
❖ Challenging behavior is best addressed by teaching children the skills they lack
  ➢ INSTEAD OF through reward and punishment programs and intensive imposition of adult will