

LOSD Communication: Case of COVID-19 Date: 09/13/2021

We have been notified that a person at **Lake Oswego High School** has tested positive for COVID-19. The person was last at the school on **Friday, 9/10**.

As members of the school community, we understand that this might raise concerns alongside a caring response. We are working closely with Clackamas County Public Health to respond to this news.

Each situation calls for different protocols. In this case, we are taking the following steps:

1. We are currently working on lists of the identified close contacts of the positive COVID-19 case. If you have been identified as a close contact, you will be contacted by LOSD and Clackamas County. *A close contact is someone who has been within 6 feet of the person who tested positive for longer than 15 cumulative minutes in 24 hours. It does not matter if they were wearing a mask or if they were outside. In the classroom, students 3 feet apart and consistently wearing masks are exempt from quarantine. Vaccinated individuals are exempt from quarantine. Individuals who have had a positive COVID-19 test in the past 90 days are exempt from quarantine.*
2. Building areas that may have been affected have been disinfected.

If you TEST POSITIVE for COVID-19, you are ISOLATED:

Isolate at home for **at least** 10 days since the test date (or since symptoms started, whichever is first), and 24 hours fever free, and COVID-19 symptoms are improving.

[OHA How to Isolate](#)

If you have been identified as a close contact to someone who tested positive for COVID-19, and you are UNVACCINATED, you are QUARANTINED:

Quarantine starts from the last day you were exposed to the person who tested positive.

A 14-day quarantine is required in school settings. This may be reduced to 10 days if you remain symptom-free, and continue to monitor for symptoms for 4 more days. Some counties may allow people with no symptoms to test out of quarantine after 7 days. This is not an option for schools in Clackamas County.

Please watch closely for any illness symptoms (even mild symptoms like a runny nose, scratchy throat, headache, or stomachache). Stay home if you have any illness symptoms, contact your healthcare provider, and seek COVID-19 testing.

[OHA How to Quarantine](#)

If you have been identified as a close contact to someone who tested positive for COVID-19, and you are FULLY VACCINATED, you do not have to quarantine. If you have had a positive COVID-19 test in the past 90 days you do not have to quarantine.

Please watch closely for any illness symptoms (even mild symptoms like a runny nose, scratchy throat, headache, or stomachache). Stay home if you have any illness symptoms, contact your healthcare provider, and seek COVID-19 testing.

If you have general COVID-19 questions about LOSD protocols, please go to the School District Website under 'LOSD Covid-19 Information' [Health and Safety Protocols](#). To submit questions or concerns to LOSD about COVID-19 protocols, you may click on [LOSD COVID-19 Questions and Concerns Form](#).

For general COVID-19 questions, you may also contact:

Clackamas County Public Health COVIDschooliaison@clackamas.us

If you have a specific concern about this case, please contact a school district nurse:

Ann Nelson 503-534-2470 nelsona@loswego.k12.or.us

Lisa McBee 503-534-2466 mcbeel@loswego.k12.or.us

Jenny DeVine 503-534-2168 devinej@loswego.k12.or.us