

LOSD Communication: Case of COVID-19 Date: 09/06/2021

We have been notified that a person at **Forest Hills School** has tested positive for COVID-19. The person was last at the school on **Tuesday 8/31 and Wednesday 9/1**.

As members of the school community, we understand that this might raise concerns alongside a caring response. We are working closely with Clackamas County Public Health to respond to this news.

Each situation calls for different protocols. *In this case, we are taking the following steps:*

1. No close contacts have been identified at school. *A close contact is someone who has been within 6 feet of the person who tested positive for longer than 15 cumulative minutes in 24 hours. It does not matter if they were wearing a mask or if they were outside. In the classroom, students 3 feet apart and consistently wearing masks are exempt from quarantine. Vaccinated individuals are exempt from quarantine.*
2. Building areas that may have been affected have been disinfected.

If you **TEST POSITIVE for COVID-19, you are **ISOLATED**:**

Isolate at home for **at least** 10 days since the test date (or since symptoms started, whichever is first), and 24 hours fever free, and COVID-19 symptoms are improving.

[OHA How to Isolate](#)

If you have been identified as a close contact to someone who tested positive for COVID-19, and you are **UNVACCINATED, you are **QUARANTINED**:**

Quarantine starts from the last day you were exposed to the person who tested positive.

A 14-day quarantine is required in school settings, this may be reduced to 10 days if you remain symptom-free. Continue to monitor for symptoms for 4 more days. Some counties may allow people with no symptoms to test out of quarantine after 7 days. This is not an option for schools in Clackamas County.

Please watch closely for any illness symptoms (even mild symptoms like a runny nose, scratchy throat, headache, or stomachache). Stay home if you have any illness symptoms, contact your healthcare provider, and seek COVID-19 testing.

[OHA How to Quarantine](#)

If you have been identified as a close contact to someone who tested positive for COVID-19, and you are **FULLY VACCINATED, you do not have to quarantine.**

Please watch closely for any illness symptoms (even mild symptoms like a runny nose, scratchy throat, headache, or stomachache). Stay home if you have any illness symptoms, contact your healthcare provider, and seek COVID-19 testing.

If you have general COVID-19 questions about LOSD guidelines, please click [HERE](#) and reference the Health and Safety Protocols.

If you have any COVID-19 questions or concerns, please contact:

Clackamas County Public Health COVIDschooliaison@clackamas.us

If you have a specific concern about this case, please contact:

LOSD school district nurse:

Ann Nelson 503-534-2470 nelsona@loswego.k12.or.us