

April 16, 2021

Dear LOSD Community,

Clackamas County Public Health has issued new guidance that supersedes all previous requirements regarding quarantining and schools. Following is a summary of the new quarantine requirements effective for new cases starting April 12, 2021. Questions may be directed to COVIDschooliaison@clackamas.us.

A person who tests positive for COVID-19 will be required to ISOLATE for 10 days (and be fever-free for 24 hours and their symptoms are improving).

Close contacts of someone who tests positive for COVID-19 will be required to QUARANTINE for 10 to 14 days depending on where the exposure occurred. A close contact is someone who was within 6 feet of the infected person for more than 15 cumulative minutes in 24 hours.

1. **A 14-day quarantine will now be required for high-risk exposures in school related settings:** Such settings include sports practice, games and travel, certain extracurricular activities, and social gatherings.
 - a. Individuals who live in the same household as someone who tests positive for COVID-19 are required to quarantine for 14 days.
2. **A minimum of 10-day quarantine will be required for controlled, low-risk settings:** Such settings include classrooms and buses. Individuals doing the minimum 10-day quarantine should continue to monitor themselves for symptoms during days 10-14. Individuals may choose to quarantine 14 days.
3. **Per public health authorities, testing out of quarantine will not be an option for Clackamas County.** While the CDC presents a third option of ending quarantine 7 days post-exposure with a negative PCR-test on day 5 or later, local public health authorities are ultimately responsible for establishing local quarantine guidelines.

Please note:

- People who have completed their vaccination series, per CDC guidelines, are not required to quarantine; however, at school people who are fully vaccinated still need to wear a mask, distance, and monitor for symptoms.
- Close contacts who themselves had a previous confirmed or presumptive COVID-19 case (verified by a positive viral COVID-19 test and/or Local Public Health Authority) and

have completed their isolation are not required to quarantine if the new exposure happened within 90 days of symptom onset or first positive test, whichever is earlier, for their original case.

For school, a student under quarantine may not be on campus for any reason. This includes attending in-person classes, extra curricular activities, or athletic practices and contests.

It's the combination of all three mitigation measures -- face coverings, 6 foot distancing, and washing hands -- that minimizes exposure and the spread of COVID-19, and therefore reduces who the county requires to quarantine.

COVID-19 Communications: What to Expect

If LOSD is informed of a person participating in our in-person activities who has been infected with COVID-19, our learning community can expect the following communication:

- All LOSD staff will receive a notification from the district to alert staff who work at multiple sites.
- All school parents will receive notification from a school administrator with a letter from the district nursing team with information and instructions specific to the confirmed case. If you are not considered a close contact, this is the only communication you will receive.
- Possible close contacts will receive a notification from school personnel in charge (principal, nurse, coach, advisor, etc.) with instructions for quarantining until further notice while the county and school personnel conduct contact tracing. Based on what can be verified through contact tracing, people or groups could possibly receive a follow up communication releasing them from quarantine obligations.
- People determined to be close contacts will be notified by the county and/or district nurse with further instructions, resources and support.
- Information posted on the LOSD COVID-19 Dashboard will be updated once cases and close contacts are confirmed; this can take up to several days depending on the information provided for contact tracing.

With only nine weeks left in this school year, these new county guidelines could impact greatly our students' classroom, extra curricular and athletic experiences. To reduce the risk of exposure and transmission, please limit social gatherings as these events are where all cases that have impacted LOSD up until now have transpired.

Sincerely,

Mary Kay Larson, Director of Communications, LOSD