MEETING IN THE MIDDLE

Last Tuesday, teachers delivered our Character Strong Lesson “Snap Judgements.” We hope that you and your student enjoyed it and learned something from it. This Tuesday, the lesson students will be participating in is titled “Toolbox Training.”

If you would like to read more on this topic, here are some links:

Coping With Student Anxiety (Duvall & Roddy, 2020, American School Counselor Association)
Teach Your Teenager Coping Skills for Wellbeing (Reach Out)

Is Your Teen Battling Anxiety? A-B-C- Coping Skills (Dana, 2020)

We hope you all have a good week,
Your LOJ Counseling Team

School Counselors:
Emily Gillard (6th grade) gillarde@loswego.k12.or.us 503.534.2455
Carrie Trullinger (7th grade) trullinc@loswego.k12.or.us 503.534.2456
Molly Healy (8th grade) healym@lowsego.k12.or.us 503.534.2454

Request to meet with a counselor using this link:
https://docs.google.com/forms/d/e/1FAIpQLSdrp7B-4sCCGq_i0DTVgng9dF7-a2xnckcnsoSlknSj_z5UfQ/viewform

School Psychologist:
Katy O'Bannon (all grades) obannonk@loswego.k12.or.us 503.534.2457

If your child ever needs support after school hours and email isn't immediate enough, our counseling team also wants you to know about Oregon YouthLine, which is a great resource for kids 11-21. See contact details below or read more on their website here:
https://oregonyouthline.org/
HOLIDAY SUPPORT FOR FAMILIES IN NEED (THANKSGIVING BASKETS AND GIFT CARDS)

The holidays can be very difficult for families with limited financial resources. The Counseling Department has the opportunity to connect these LOJ families with many supports. One of the ways we support families during the holidays is by providing a Thanksgiving food basket and gift cards that are donated from the community. As we approach the holiday season, please consider donating gift cards as a way to help our LOJ families in need. Any and all donation amounts are appreciated.

Gift cards can be brought to the main office at any time and will be distributed by counselors to families prior to winter break and throughout the school year. Thank you for your continued care for the LOJ community!

If you feel that your family would benefit from any of these resources, please reach out to your student’s grade-level counselor (contact below). Please know that any and all information regarding assistance or support is kept confidential.

With gratitude,

Your LOJ Counseling Team

CLUBS AND ACADEMIC COMPETITIONS

LOJ Clubs and Academic Competitions are now posted on our website. Please go to the ACTIVITIES option on our website homepage menu bar.

PE EQUIPMENT FOR DISTANCE LEARNING

Hello LOJ Families,

We wanted to give you advance notice to make sure your child has all of the equipment needed for PE class this year! If we are still in CDL for the quarter 2, each student will need to have or borrow:

- Volleyball
- Basketball
- Jump Rope
- Tennis Ball
Dyslexia Awareness Month

October is Dyslexia Awareness Month
What is Oregon's State of Mind on Dyslexia?
Oregon developed its first legislative guidelines for dyslexia in 2015 with the passing of Senate Bill 612 followed by 1003 in 2017. By law, each school is required to complete a universal screening on all kindergarten and first-grade students to identify those who are at risk for dyslexia. This law also mandates that each K-5 school has an extensively-trained educator who is able to recognize the warning signs of dyslexia and support students, teachers, parents, and the community. LOSD currently uses Dibels as our dyslexia screening tool. If you have more questions please reach out to your school's literacy specialist.

There also are three major federal laws that directly affect children with dyslexia. They are the Individuals with Disabilities Education Act (IDEA), Section 504 of the Rehabilitation Act, and the Americans with Disabilities Act (ADA). Oregon Department of Education Dyslexia Resources: Oregon Department of Education: Dyslexia: Regional Programs and Best Practices: State of Oregon
Gifted and Dyslexic?
Some kids with learning and attention difficulties have exceptional skills in certain areas. These kids are often called “twice-exceptional” (2E) learners.
LOSD Student Services and TAG (Talented & Gifted) Services are both responsible and should work in cooperation to meet the needs of twice-exceptional students. The student’s abilities will determine appropriate instruction. To read about twice-exceptional students, visit UNDERSTOOD.ORG:
Twice-Exceptional Students | 2E Learners | Gifted and Learning Disabilities

Technology Help is Available

Please click HERE for help logging into classes.

Please click HERE to submit a tech request.

LOJ PE Staff

Frisbee

If you cannot get one or more of these items, we will have equipment available for you to check out during the second week of each quarter (more information to come on checkout times/days).
We look forward to seeing your child in our PE classes soon!
Thank you!
LOJ PE Staff
If you have questions or concerns regarding your child’s learning, please contact our literacy specialist, Jamie Chapman. Another great parent resource would be to contact our school’s Student Services Parent Advisory Committee (SSPAC) representative, Jennifer Harvey.

**BOTTLEDROP GIVE FUNDRAISER**

LOJ Parent Club is conducting the annual BottleDrop Give Fundraiser. It is slightly different than past years, due to our students being fully remote. This program is normally run by volunteers, but due to the Covid situation, we are asking that parents pick up the Blue Fundraiser bags at school (in the LOJ Lobby), **fill them at home, then take to the Redemption Center**.

Addresses for the Centers:
14411 SW Pacific Hwy, Tigard, OR and 9307 SW Beaverton-Hillsdale Hwy, Beaverton, OR

PLEASE DO NOT LEAVE THE FILLED BAGS AT SCHOOL. If you have any questions, please contact Sally Miller, sally@jfmiii.com or Erin Keyser, ekeyser@hotmail.com, LOJ Bottle Drop Co-Chairs.

Thank you for your continued support of the LOJ Parent Club.

**IREADY RESULTS**

Our Fall iReady assessment window has closed. Thank you for helping us with this effort.

These results are a baseline data point for us to help tailor our instruction to meet students’ needs. When your child participates in the assessments again in the winter and spring after receiving consistent instruction, we will have data that reflects their academic growth. We are aware that administering assessments at home presents variables that can affect student performance. These results are not looked at in isolation and are combined with other assessments that teachers provide in the classroom. Our goal is to provide the best possible instruction to meet each student’s needs.

If you would like to request a copy of your student’s results, please click on this link: https://docs.google.com/forms/d/e/1FAIpQLSdaKzK8TVwrwQQPgob6PuWR7F5KLqFnR6geS5ci2eGxG7jyw/viewform?usp=sf_link

Results will be shared via email as a PDF file and sent to the email address noted on the form. You will need to fill out the form for each student.

If you have any questions, please contact our Assistant Principal, Alix Loeber.
**LOJ LIBRARY UPDATE**

**LOJ Library is going Curbside!**
Tell us your book request(s) on [this form](#) by Wednesday night. We will have 2-3 books checked out to you for Thursday pick up.

Search the Library for books [here](#)
School Curbside Pick will be at Lake Oswego Middle School Weekly on Thursday
12 Noon - 2PM
(Book Returns too!)

Questions??? Contact: Liana Fayloga at [faylogal@loswego.k12.or.us](mailto:faylogal@loswego.k12.or.us)
TRICK OR TREAT

DINE IN, TAKE OUT, OR ONLINE ORDERS* AT MOD PIZZA

OCT. 31ST 10:30AM-11PM

20% OF YOUR PURCHASE WILL GO TO LOJ PARENT CLUB!!!
PLEASE MENTION "LOJ PARENT CLUB" IF YOU ORDER OVER THE PHONE OR IN-PERSON.
FOR ONLINE ORDERS, PLEASE ENTER PROMO CODE "GR160776L."

MOD PIZZA @ 4811 MEADOWS RD, SUITE 115, LAKE OSWEGO
*NOT VALID FOR THIRD PARTY DELIVERY (I.E. UBEREATS, ETC.)

IMPORTANT LINKS

LOJ Website
Calendar
Register for Bus
We are a dedicated group of educators who have a relentless focus on learning for all. We value building strong relationships and working side by side with all stakeholders in creating an environment that is inclusive and safe.