

Measles

IT ISN'T JUST A LITTLE RASH



Measles can be dangerous, especially for babies and young children.

MEASLES SYMPTOMS TYPICALLY INCLUDE

- High fever (may spike to more than 104° F)
- Cough
- Runny nose
- Red, watery eyes
- Rash breaks out 3-5 days after symptoms begin



Protect your family from Measles

Measles is highly contagious. It spreads when a person with measles breathes out, coughs, or sneezes. The best way to protect your family from measles is to get vaccinated.

For More Information:

<https://www.cdc.gov/measles/resources/parents-caregivers.htm>

LOSD District Nurses:

Ann.Nelson@loswego.k12.or.us

Lisa.Flaherty-McBee@loswego.k12.or.us

Hannah.Moriniti@loswego.k12.or.us

VOLUNTEERS:

We recommend that you prepare to prove immunity to measles in case the outbreak spreads to Clackamas County.

You are considered immune if any of the following is true:

1. You were born before 1957,
2. You have received 2 measles vaccinations (2 doses of MMR) confirmed by your health care provider,
3. You have had the measles disease, diagnosed by a health care provider and confirmed by a lab test,
4. You have had a blood test that shows immunity to measles.