



WELCOME TO LAKERIDGE HIGH SCHOOL

Lakeridge Promotes a Respectful Community Where Each Individual is Responsible for Contributing to Excellence - Let It Begin With Us!

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NEW LHS Homepage : <https://www.losdschools.org/Domain/17>

ALL LHS Daily Schedules: <https://www.losdschools.org/domain/436>

Special Schedules This Week

Monday April 23rd

Prom Assembly Schedule

Period 1/5.....8:25 - 9:40

Assembly.....9:45 - 10:45

Period 2/6.....10:50 - 12:05
1st Lunch.....12:05 - 12:35
Period 3/7.....12:40 - 1:55
2nd Lunch.....1:25 - 1:55
Period 4/8.....2:00 - 3:15
*Teachers Office Hours.....3:15 - 3:30
Buses depart at 3:37

Wednesday April 25th

Science Testing

Period 5.....8:25-9:35
Period 6.....9:40-10:50
Period 7.....10:55-12:05
Super Lunch.....12:05-12:40
Testing/Study Time.....12:45-2:15
Period 8.....2:20-3:30

Equity Assembly

Monday we had an assembly and workshop on implicit bias. Implicit bias is the unconscious or subtle associations that individuals make between groups of people and stereotypes about those groups. Our vision here at Lakeridge is to make sure every student promotes a respectful community where each individual is responsible for contributing to our excellence. After our activity each student wrote something they could individually do to ensure all are welcome at Lakeridge High School. We will be hanging these ideas out in the hall and encourage you to have conversations with your children about inclusiveness of all Pacer Students.

Mock Job Interviews

The Advanced Communication Skills classes are preparing for Mock Job Interviews during the which runs *Tuesday, May 22 through Friday, May 25*. We would love (and need) to get parent volunteers to come for a period to help coach and interview students. Here is a link to information about the program and a sign-up page:

<http://www.signupgenius.com/go/10c0d4ea8ab2aa2ff2-lakeridge3> .

Mock Job Interview Information:

EVERY YEAR, STUDENTS IN THE ADVANCED COMMUNICATION SKILLS (ACS) CLASSES PARTICIPATE IN THE MOCK JOB INTERVIEW PROGRAM AND LEARN AN IMPORTANT LIFE SKILL—HOW TO APPROPRIATELY CONDUCT THEMSELVES DURING AN INTERVIEW WITH A POTENTIAL EMPLOYER, A COLLEGE ADMISSIONS OFFICER, OR OTHER ADULTS IN EVERYDAY SITUATIONS.

Over the course of four days, nearly 200 students work to develop and practice valuable real-world skills including how to:

- Present a resume
- Give a professional handshake
- Dress appropriately
- Use positive body language
- Respond articulately to common interview questions

Each student's training and preparation culminates on the last day in a one-on-one mock interview for a fictitious part-time job.

A program of this scope and level of individualized feedback is made possible only because many community volunteers agree to contribute a couple hours of time. Our past volunteers have been uniformly positive about this experience both for themselves and for the students. In fact, some of our volunteers recognize the extraordinary value of this program and return year after year, even after their children are no longer in the school. Volunteers have the opportunity to add depth to this program by sharing knowledge as established or retired business men and women of our community.

CTE Summer Camps

Free Career and Technical Education summer camps will be held from June 18th-22nd at Clackamas Community College for students entering 9th-12th grades in Fall 2018. Students can earn college credit and explore possible careers in health care, horticulture and industrial technology. To sign up for the CTE camp, students/parents should go to:

www.clackamas.edu/CTE-Summer-Camps. Registration closes on June 1, 2018.

Information from ASB



Hey Pacer parents, it's that time of year again, it's spring cleaning time! Make sure to keep all the items you intend to clear out and donate them May 14-18th for the Lakeridge Garage sale. And be sure to stop by May 19th for the actual sale!

Pancake
Breakfast



Save the Date! Saturday, May 12th from 9:30am-12:00pm the class of 2021 will hold a "Pancakes and Pacers" fundraiser to raise money towards their graduation along with their class philanthropy, Doernbecher's Children's Hospital. It will be in the cafeteria at Lakeridge. Cost is \$7 per person.

Prom

This year's prom "There's no place like Prom" is Saturday, April 28 from 8pm-11pm at Langdon Farms Golf Club. Tickets are \$35 April 23-27 and then \$40 at the door. The address for the venue is 24377 Airport Rd NE #1, Aurora, OR 97002.

Hey Pacer Parents!! This year our prom is being held on April 28 at Langdon Farms and we're looking for 20 awesome chaperones to join us for the night! It's going to be a fun night and we hope you can join us! If you are available you can email me (junior class ambassador) at elliesofiaj@gmail.com or the junior class president at lilysbarna@gmail.com. Thank you so much and GO PACERS!

Guest Dance Form

PSAT Test Book Pickup

Students who want the hard copy of their PSAT test book from October's PSAT NMSQT, or PSAT 8/9, may get it from Julie Batson at the Lakeridge counseling office. Lakeridge will destroy all test books that are not collected by Friday, May 4th, at 2:00 p.m.

PSAT scores will continue to be available online:

Log in to an existing College Board account, or create a new one at:

studentscores.collegeboard.org

1. Log in to your account.

2. Select PSAT/NMSQT Scores.

OR

3. Use "Missing Scores" to locate scores.

Students can also go to satpractice.org to create a free account with personalized recommendations for improvement based on their PSAT results.

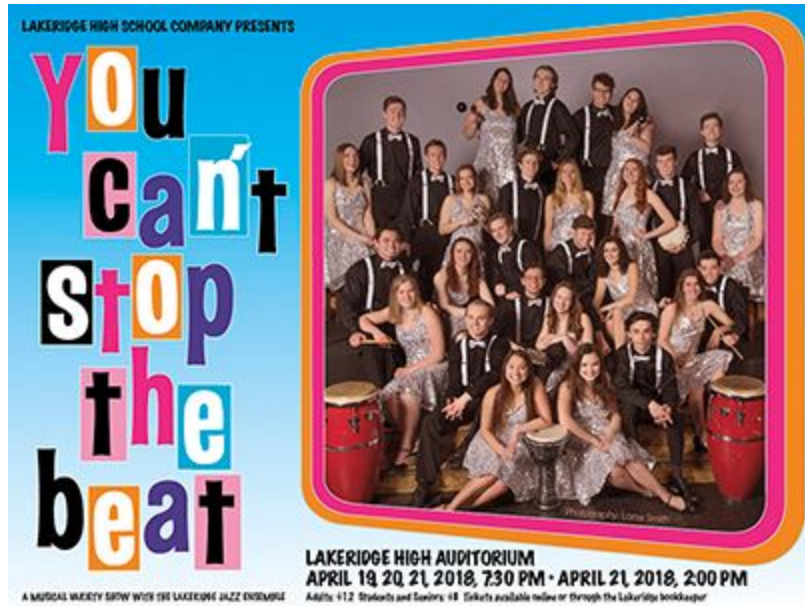
Questions

Call: 866-433-7728

Email: psathelp@info.collegeboard.org

2018 Variety Show

Don't miss the Lakeridge Company Variety Show "You Can't Stop the Beat," featuring Company, the Jazz Ensemble, and a very talented student tech crew! Tickets are available online, from the bookkeeper, or at the door. \$12 for adults \$8 students and seniors. April 19, 20, 21 at 7:30pm and April 21 at 2:00pm.



National Honor Society Information

All students who applied to the National Honor Society should have received letters on the status of their applications. If you have not yet received a letter, please see Ms. Stein or Mr. Easton.

New members should pay membership dues to the LHS bookkeeper: Checks can be made out simply to Lakeridge High School. A dues receipt and RSVP slip must be turned in to Ms. Stein or Mr. Easton by May 18th so that new members' names can be included in the induction ceremony program and on induction certificates.

Parents and families of new and graduating members: please mark your calendars for our Wed., May 23rd induction and graduation ceremony, held in the auditorium. NHS members should arrive by 6:30pm; the ceremony starts at 7pm.

Senior Information

Graduation Details

Thinking about 2018 graduation...want all of the details? Please see the following link:

<https://www.losdschools.org/cms/lib/OR01813384/Centricity/Domain/17/Senior%20Information%202%205%2018.pdf>

Drug free and Alcohol free Grad Night Party: Visit the GRAD NIGHT information page on the Pacer Parent Club website, <https://www.losdschools.org/Page/4825> .

You will find the registration form and instructions on how to pay. Both can be done at the school or via the web. Tickets are \$85.00 per student and will include an all-night party with transportation, food/refreshments, entertainment, games and prizes galore. Sign up now and cross it off your list. Contacts: Stefanie Johnston, ccst@mac.com or Sonya Seyle, sonyaseyle@livecom.

Sign-ups for Senior Spaghetti Dinner

Have you got your tickets yet for Lakeridge senior spaghetti dinner on Sun 4/29? It's an evening full of memories from past & present. To purchase tickets pay bookkeeper at school or purchase online.

https://webstores.activenetwork.com/school-software/lakeridge_pacers_onl/index.php?l=product_detail&p=409#.WsjkqndIDYU

AP Computer Science

Lakeridge High School has an exciting opportunity to teach AP Computer Science next year. Please make sure your child sees their counselor to change their forecasting if they want to take advantage of this opportunity.

Mental Health: What Parents Need to Know

Lakeridge Junior High
and
Shattering Stigma With Stories: Understanding Mental Health
present



Mental Health: What Parents Need to Know



1 in 5 teens will struggle with mental health

Anxiety, depression, suicidal thoughts and other mental health challenges can happen to our kids or to their friends. When it happens, ***we may not know how to help***, and families can experience stigma and isolation.

Join us Saturday, May 5th to learn more about mental health issues kids may face, what to look for and how to get help. Hear directly from families who have been there, and learn from a panel of experts. Attend breakout sessions: ***working with the school*** to support your child; ***ADHD-related depression and anxiety; practical hands-on tips*** for talking about mental health; or ***emotional coping skills*** for parents AND kids.

For more information, contact ljhsparentclub@gmail.com
or Tara@TaraRolstad.com.

Parents only, please. No childcare provided.

Refreshments will be available.

Cost: FREE - Register today at:

www.shatteringstigma.com

Saturday, May 5, 2018
9 a.m. to 1 p.m.
Lakeridge Junior High School
4700 Jean RD
Lake Oswego, OR 97035

shattering
STIGMA
with stories
UNDERSTANDING MENTAL HEALTH

Attendance Tips

Attendance tips for parents:

Did you know you can check your student's attendance in ParentVue?

- Received a call or email from the school but have more than one student? Check ParentVue to see which one got marked absent.
- Called your student in with an excused absence but still received a call or email from the school? Give it 24 hours and then check ParentVue to make sure it got changed to excused.
- Your student says they were in class but you still got a call or email from the school. Check ParentVue to see which teacher marked them absent and have the student talk to the teacher.
- Your student left school for a sport or other school event and you received a call or email from the school. Give it 24 hours and then check ParentVue to see that their absence got marked excused.
- Don't yet have access to ParentVue? Call Corey Fivecoat in the office.

Senior and Junior College Visits

Juniors and seniors are welcome to visit with the college reps from the follow colleges. Sign up in Naviance to reserve your place. Often the college representative will be the same person who looks over your application, oso it's great to get your foot in the door early!

<i>University of Nevada, Las Vegas</i>	<i>4/23/18 8:00 AM</i>
<i>Quest University Canada</i>	<i>4/25/18 11:40 AM</i>
<i>The Evergreen State College</i>	<i>4/26/18 11:40 AM</i>

Spring College Fair on April 22 from Noon to 3 PM

The Spring College Fair will be at the University of Portland – Chiles Center. There are more than 115 colleges registered for the Fair. Please encourage your students to visit www.gotocollegefairs.com prior to the fair. After entering their information on the website,

students can print a barcode that can be scanned by the college representatives of their choice. Put an end to filling out info cards at every table! Click [here](#) for the list of participating colleges.

Many Thanks to Pacer Club

Portland Playhouse, a local theatrical company in Portland, Oregon, has been visiting some of our English classes and working in small groups with students to learn more about William Shakespeare's classic plays. We could not do this amazing work without the financial support from our generous Pacer Club. Pacer Club is funded by donations from the academic essential fee parents paid at registration. Thank you to everyone who has supported our kids by giving them this incredible opportunity.

AP Exam Parent Volunteers Needed

AP exams are coming up May 7th through 18th and we need parent volunteers! The shifts will be about 45 minutes and are 7:15 to 8:00 for AM exams and 11:15/11:45 to 12:00/12:30 for the PM exams.

The volunteers will be helping out in a number of ways... Direct students to prepare for check-in, shepherding the students between locations, assisting with student check-in, etc.

If you are able to assist or wish to learn more, please email the Lakeridge High School AP Coordinator: Lisa Oliva, lhsap@loswego.k12.or.us, with:

- Your name, email, phone number
- Indicate whether you are a parent or family member of a testing AP student (if so, please give your student's name)
- Availability during this two week time period

Lisa will contact you via email with the schedule. THANK YOU!

This message was generated by LOSD ListServ. Please do not attempt to reply to this message. You are receiving this message because you are the parent or guardian of a student in the Lake Oswego School District. We hope you will assist us in our efforts to communicate efficiently and economically by continuing to receive these messages. If you believe you have received this communication in error, please contact Christine Moses, Communications Director at christine.moses@loswego.k12.or.us.