






## PLEASE KEEP ILL STUDENTS OUT OF SCHOOL

The list below gives school instructions, not medical advice. Please contact your health care provider with health concerns. **During 2020-2021, anyone exposed to COVID-19 must stay home for 14 days.**

SYMPTOMS OF ILLNESS	THE STUDENT MAY RETURN AFTER...
 <b>Fever:</b> temperature of 100.4°F [38°C] or greater	*The list below tells the shortest time to stay home. A student may need to stay home longer for some illnesses.  <b>*Fever-free for 24 hours</b> without taking fever-reducing medicine <b>AND</b> after a COVID-19 <b>test is negative</b> , <b>OR 10 days</b> if not tested.
 <b>New cough illness OR</b> <b>New difficulty breathing</b>	<b>*Symptom-free for 24 hours AND</b> after a COVID-19 <b>test is negative</b> , <b>OR 10 days</b> if not tested. If diagnosed with pertussis (whooping cough), the student must take 5 days of prescribed antibiotics before returning.
 <b>Headache</b> with stiff neck or with fever	<b>*Symptom-free OR</b> with orders from doctor to school nurse. Follow fever instructions if fever is present.
 <b>Diarrhea:</b> 3 loose or watery stools in a day <b>OR</b> not able to control bowel movements	<b>*Symptom-free for 48 hours OR</b> with orders from doctor to school nurse.
 <b>Vomiting:</b> one or more episode that is unexplained	<b>*Symptom-free for 48 hours OR</b> with orders from doctor to school nurse.
<b>Skin rash or open sores</b>	<b>*Symptom free</b> , which means rash is gone OR sores are dry or can be completely covered by a bandage <b>OR</b> with orders from doctor to school nurse.
<b>Red eyes with eye discharge:</b> yellow or brown drainage from the eyes	<b>*Symptom-free</b> , which means redness and discharge are gone <b>OR</b> with orders from doctor to school nurse.
<b>Jaundice:</b> new yellow color in eyes or skin	<b>*After the school has orders</b> from doctor or local public health authority to school nurse.
<b>Acting different without a reason:</b> unusually sleepy, grumpy, or confused.	<b>*Symptom-free</b> , which means return to normal behavior <b>OR</b> with orders from doctor to school nurse.
<b>Major health event</b> , like an illness lasting 2 or more weeks <b>OR</b> a hospital stay.	<b>*After the school has orders</b> from doctor to school nurse.
<b>Student's health condition requires more care than school staff can safely provide</b>	<b>*After measures are in place</b> for student's safety.

<https://www.oregon.gov/ode/students-and-family/healthsafety/documents/commdisease.pdf>