

FORECASTING 2019-2020

StudentVUE
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- Timeline
- Introduce Counselors
- Transcripts & Graduation Requirements
- Review Packet of Materials
- Deadlines

FORECASTING TIMELINE

JUNIORS- Online forecasting closes Feb 25th

Counselors meet individually with 11th gr. Feb 26-March 1st

SOPHOMORES-Online forecasting closes March 5th

Counselors meet individually with 10th gr. March 6-7th

FRESHMEN – Online forecasting closes March 7th

Counselors meet individually with 9th gr. March 8-9th



COUNSELING STAFF

- **Mr. Benz:** Last names A - Ha
- **Mrs. Tyra:** Last names He - O
- **Mrs. Ferris:** Last names P – Z
- **Mrs. Chalpoutis:** Counseling Secretary
- **Mrs. Mackey:** Counseling Support Services

GRADUATION REQUIREMENTS & TRANSCRIPT

- 25 Credit Requirements
 - 2 Career-Related Learning Experiences
 - 3 Essential Skills (Math, Reading, Writing)
-
- Individual transcripts will be distributed in your history classes.
 - Refer to curriculum guide for additional college entrance requirements.



CONTENTS IN PACKET

Forecasting Worksheet

List of All Courses for 2019-2020

Forecasting Tips & Reminders

How to Forecast Online Using StudentVue

Time Management Worksheet

List of Courses Requiring Application or Audition

**NEW
11**

Lake Oswego High School

Forecasting Worksheet

PLEASE PRINT. LOHS is a two semester school. Entered below are the standard grade level courses, as well as space to enter electives. See the LOHS Website for the Curriculum Guide containing all Course Descriptions and Graduation Requirements, plus the quick Course Level Reference Guide on the back of this worksheet. Please attach an Unofficial Transcript from last school and return to LOHS Counselor.

Student Name: _____



SEMESTER 1	
Course Name	
1.	~(Circle one) Junior English <u>or</u> AP English Language & Composition
2.	~(Circle one) America & the Contemporary World <u>or</u> AP US History
3.	~Math: determined by math teacher.
4.	~Science:
5.	
6.	
7.	
8.	

SEMESTER 2

Course Name	

Scheduling Notes:

This worksheet is for full year planning; please know that Semester courses can end up in either semester.

Two years (4 semesters) of a World Language and One year (2 semesters) of

FORECASTING WORKSHEET

- ❖ Specific to grade level
- ❖ Complete Form BEFORE choosing courses online.
- ❖ Review “Scheduling Notes” on Form
- ❖ Fill in all 8 periods for each semester
- ❖ Complete all alternate course boxes as well.

2019-20 LOHS Online Quick Reference List - See Curriculum (

DEPT & COURSE TITLES	Credit	Grd Lvls	DEPT & COURSE TITLES	Credit	Grd Lvls
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BUSINESS

Income & Money Mgt	.5	9-12
Marketing 1	.5	9-12
Marketing 2: Adv	.5	10-12
Marketing 2: Spts & Entrep	.5	10-12
Marketing 3: Entrepren	.5	10-12
International Mktg	.5	11-12

ENGLISH

Adv Comm Skills (AC)	.5	9-12
Freshman English	1	9-12
Sophomore English	1	10-12
Junior English	1	11-12
Senior English	1	12
Freshman Hon English	1	9
Sophomore Hon English	1	10
AP English Lang & Comp	1	11-12
AP English Lit & Comp	1	12
ELD Lit & Comp (EN)	1	9-12
Broadcast Journalism	.5	9-12
Creative Writing	.5	10-12
English Connections	.5	9-12
English Language Dev (EL)	1	9-12

FINE ARTS –VISUAL

Art 1	.5	9-12
Art 2	.5	9-12
Art 3	.5	10-12
AP Studio Art/2-D Des	1	11-12
Ceramics 1: Beginning	.5	9-12
Ceramics 2: Advanced	.5	9-12
Ceramics 3: Sculpture	.5	10-12
AP Studio Art/3-D Des	1	11-12
Graphic Design	.5	9-12
Photography 1	.5	10-12
Photography 2	.5	11-12
Photography 3	.5	11-12

HEALTH

Lifetime Health	.5	9-12
Health Issues	.5	11-12

LEADERSHIP

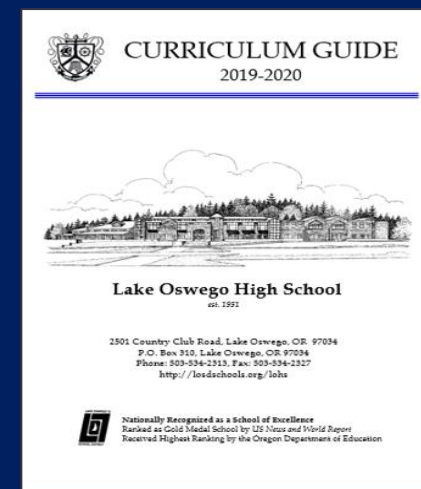
Link Crew	1	10-12
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MATH

<i>Placements made by Math</i>		
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2019-20 QUICK REFERENCE COURSE GUIDE

- ❖ Find all course descriptions in the curriculum guide on our school website.



- ❖ Don't forget to verify course prerequisites, credit amount, and grade levels before listing it on your forecasting worksheet.

HOW TO SELECT COURSES

- **REVIEW CURRICULUM GUIDE ONLINE**

- Read over course descriptions
 - Verify prerequisites
 - Does it require a recommendation from teacher or case manager, application or audition?
- Forecast for at least 7 classes (not including late arrival or early release)
 - Forecast for at least 5 alternate courses
- **DO NOT FORECAST for-**
 - Leadership (9-12), Dept. Assistant (9-12), Work Experience (11-12), or Independent Study (11-12)
 - **Courses requiring an APPLICATION/AUDITION-**
 - Forecast for any classes that require an application or audition. Be sure to apply and audition by deadline.
 - Locate applications online under **TRENDING TOPICS/FORECASTING**
 - Refer to forecasting packet for list of courses requiring applications/audition

ALL applications due March 8th.

COURSES REQUIRING AN AUDITION:

A CAPPELLA CHOIR, BEL CANTO CHOIR, JAZZ BAND, WIND ENSEMBLE, WINDJAMMERS

- Band:
 - If taking a band class, forecast for **Symphonic Band**, audition, and schedule adjustments will be made based on teacher placement.
 - If you would like to take **Jazz Band** forecast for that as well, separately.
- Orchestra:
 - If taking an orchestra course, forecast for **Philharmonic Orchestra**, audition, and schedule adjustments will be made based on teacher placement.
- Choir:
 - If taking a choir class, forecast for **A Capella**, audition, and schedule adjustments will be made based on teacher placement.

COURSES REQUIRING APPLICATIONS

- AP Biology
- AP European History
- AP Physics C: Mechanics
- AP Psychology
- AP US Government
- AP US History
- AP English Language
- AP English Literature
- Sophomore Honors English
- Freshman Honors English
- International Marketing
- Newspaper
- Yearbook
- Academic Mentor (LOHS)
- Peer Mentor (LOHS)
- Peer Tutor(LOJ)
- Cadet Teaching (Elem)

If you do not fill out an application or audition and input the course as a selection, you will not be considered for acceptance and the course will be removed.

TIME MANAGEMENT ESTIMATES

ESTIMATED AVERAGE NUMBER of HOURS of HOMEWORK per WEEK Estimates.

Based upon teachers' survey responses on the estimated weekly hours of homework for a sampling of courses at LOHS. The TIME MANAGEMENT WORKSHEET that follows will help you anticipate the amount of homework that these, and non-listed courses, may require.

BUSINESS:

Income & Money-.5
Int'l Marketing-1
Marketing 1-.5
Marketing 2: Adver.-.5
Marketing 2: Sports-0

ENGLISH:

AP English Lang (11)-5
AP English Lit (12)-3-5
Creative Writing-.5
Freshman English-3
Freshman Honors-3.5-4
Journalism-1
Junior English-3.5
Newspaper-1.5
Power Reading-0
Senior English-3.5
Sophomore Honors -4-5
Sophomore English-3,

Photography 1-0
Photography 2-2
Treble Choir-1
Windjammers-1

HEALTH:

Health Issues-1
Lifetime Health-1

LEADERSHIP:

Leadership-1

MATH:

Adv Algebra A-3.2
Adv Algebra-2.5
Algebra-2
AP Calculus AB-4.5
AP Calculus BC-3.5
AP Statistics-4
Discrete Math-2
Geometry-3

Intro to Eng. Design-0
Oceanography-2,
Physics-2

TECHNOLOGY:

AP Computer Science A-3-4
Digital Media-.5
Programming Projects-.5

SOCIAL STUDIES:

Adv Con Law-1.5
America & Con Wld-1
Anthropology-.5
AP Economics-2
AP European History-3.5
AP Psychology-3
AP US Government-2
AP US History-2
Constitutional Law-.5
Intro to Women's Std-1.5
Sociology .5

AVG. # OF HOURS OF HOMEWORK PER WEEK

Purpose...to determine healthy ways you can balance your schedule and still have a great high school experience.

Add up...

- Your School Hours
- Your Homework Hours
- Your Out of School Hours
- Your Living Activities

TIME MANAGEMENT WORKSHEET

1. **SCHOOL HOURS:** Time spent in classes at LOHS is 5 days x 7 hours = **35 hours**
2. **HOMEWORK HOURS:** List all the course titles you plan to take along with the estimated hours of homework per week.

Course Titles	Weekly Homework
1. _____	_____
2. _____	_____
3. _____	_____
4. _____	_____
5. _____	_____
6. _____	_____
7. _____	_____
8. _____	_____

Total hours of homework per week = _____

3. **OUT OF SCHOOL ACTIVITIES HOURS:**
Estimate your number of weekly hours (including transportation) for your out of school activities. Examples include: The Arts (Music, Theatre, Art, etc.), Athletic Teams, School Clubs and Activities, Paid Jobs, Hobbies, Interests, Volunteering.

Total hours of out of school activities per week = _____

4. **LIVING ACTIVITIES TIME:**
Sleep is 7 days x 8 hours and equals **56 total hours**. Yet, there are additional living activities. _____

HOW TO SELECT COURSES IN

START BY LOGGING INTO STUDENTVUE

Home My Account

Navigation

- Messages
- Calendar
- Attendance
- Class Schedule
- Course Request
- Student Info

Joe
Lake Oswego High School (503-534-2313)
2016-17 School Year, Grade: 10

Welcome to XXX High School's Online Course Requests for the 2016-17 school year. The window to modify your course requests is XXXX, 2016. You will need to work with your school counselor, or after your selections have been locked in.

Selected Course Requests

[Click here to change course requests](#) ← **Start Here**

Selection Time Period: 12/1/2015 - 3/31/2016

Ln	Department	Course Title	Course ID	Elective	College Prep	Credit	Term Override	Comment
<i>No course requests have been selected or assigned</i>								

Alternate Elective Requests (in preference order) - Select at least 4 alternates

Ln	Department	Course Title	Course ID	Elective	College Prep	Credit	Term Override	Comment
<i>No alternate course requests have been selected or assigned.</i>								

[Click here to change course requests](#)

- Choose the course request screen on the navigation bar.
- Some courses may already be chosen for you, such as math.
- Refer to forecasting worksheet when adding courses to be sure you add the correct amount of credits.
- Click on change requests bar and beginning adding courses.
- Don't forget to add alternate elective requests!

ONLINE FORECASTING CLOSES

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**JUNIORS-
FEBRUARY 25TH**

**SOPHOMORES-
MARCH 5TH**

**FRESHMAN-
MARCH 7TH**

**Applications Due
MARCH 8th**

QUESTIONS?

Mr. Benz: benzj@loswego.k12.or.us

Mrs. Tyra: tyram@loswego.k12.or.us

Mrs. Ferris: ferrism@loswego.k12.or.us

