LOSD COVID-19 Specific Communicable Disease Management Plan
4. Local Public Health Authority (LPHA) notification of COVID-19 case.
5. Surveillance, contact tracing, and logs.
6. Screening for symptoms.
7. High risk populations.
8. Health Room for isolation.
9. Healthy environments.

[LOSD COVID-19 Specific Communicable Disease Management Plan](#) may be found on the LOSD website
What is COVID-19?
It is a respiratory illness caused by a new strain of the coronavirus. Coronaviruses are a family of viruses that can cause mild to severe illness. This new coronavirus has spread in people only since December 2019. At present there is no vaccine to prevent COVID-19.

How is it Spread?
The virus is spread mainly from person-to-person through respiratory droplets produced when an infected person coughs, sneezes or talks. These droplets can land in the mouths or noses of people who are nearby – within about 6 feet. COVID-19 may be spread by people who are not showing symptoms. It is also possible to get infected after touching an object that has the virus on it. What about aerosolized/airborne transmission? Some experts say that the virus may spread in very small particles. At the current time, it does not change the guidance to follow.

OHA Know the Facts
Primary Symptoms of Concern:
Fever (of greater than 100.4°F) or Chills
Cough
Shortness of breath or difficulty breathing

Note:
Muscle pain, Headache, Sore throat, New loss of taste or smell, Diarrhea, Nausea, Vomiting, Nasal congestion, and Runny nose are also symptoms associated with COVID-19.

CDC Symptoms of Coronavirus includes a self-checker which is a guide to help you make decisions on when to seek testing and appropriate medical care.

Emergency signs that require immediate medical attention:
Trouble breathing, Persistent pain or pressure in chest, New confusion or inability to awaken; Bluish, greyish, or dusky lips or face.
Measures to Limit the Spread of Disease

1. Wear a Mask

Oregon Ready Schools Safe Learners Face Coverings content will be used to guide practices on face coverings/masks in the school setting. Individuals may remove their face coverings while working alone in private offices.

- Masks are recommended as a simple barrier to help prevent respiratory droplets from traveling into the air and onto other people when the person wearing the mask coughs, sneezes, talks, or raises their voice.

- No mask will offer full protection, and they should not be viewed as a replacement for physical distancing of at least 6 feet from others, frequent hand-washing and avoiding crowds. When you combine masks with those measures, they can make a big difference.

- Masks should NOT be worn by children under the age of 2 or anyone who has trouble breathing, is unconscious, incapacitated, or otherwise unable to remove the mask without assistance.

- Masks with exhalation valves should NOT be worn.
1. more Wear A Mask

- The district has provided a **clear face shield** and will provide a **cloth face covering** for all staff.
- **Disposable 3-ply face masks** will be available in offices for staff and students, if they have forgotten their personal masks.
  a. There are 3-ply disposable masks for **adults and children**.
  b. There are also **KN95** disposable masks that were donated. These masks are large. They do not offer more protection than the other disposable masks.
- **Plexiglass** sneeze guards are being installed at all transaction counters in offices. Plexiglass dividers will be installed in **office areas** as needed (typically between occupants unable to maintain 6 foot distancing). Plexiglass dividers will be installed in rooms using shared tables.
1. even more Wear A Mask

Coverings and Masks and Shields, Oh My!

Level of coverage:
Better: A mask that a person will actually wear.
Better: A mask that fits the face, without openings or vents for respiratory droplets to come out.

1. Cloth Face Coverings:
Better: Multiple layers of fabric. Wash daily. Be aware that they may not be latex-free!

2. Face Masks:
Better: 3-ply disposable mask (not medical grade).
Please dispose of soiled masks AT HOME, if possible. You may bag, keep, and reuse clean masks in 7 days (this is a very conservative number of days, some sources may say 24-48 hours). Be aware that they may not be latex-free!
Designated for health care professionals: FDA Surgical mask that is regulated under 21 CFR 878.4040 (medical grade). N95 respirator. Limit for wear is 20-30 minutes. Has to be Fit-tested.
1. yes even more Wear A Mask

3. Face Shields:
Better: Sheet of clear plastic that covers the forehead, extends below the chin, and wraps around the sides of the face. Clean after use every day according to manufacturer instructions or CDC instructions (Use EPA-registered disinfectant. Use clear water or alcohol to remove any residue. Fully air dry). The face shields provided at school are latex-free.

CDC Considerations for wearing face masks and face shields
At this time, it is not known what level of protection a face shield provides to people nearby from the spray of respiratory droplets from the wearer. However, wearing a mask may not be feasible in every situation.

Ready Schools Safe Learners: In general, face coverings are preferred over face shields, as they may provide better containment of small aerosols that can be produced while talking. Clear plastic face shields remain an acceptable alternative in some instances because they enable students to see whole faces. This avoids potential barriers to phonological instruction and reinforces social emotional cues.

Child Care Health and Safety Guidance: The approved use of face shields as a form of face covering helps to address potential concerns around setbacks for child’s social, emotional, or language development, and concerns around adult health conditions.

There may also be a medical condition or disability that prevents a staff member from wearing a mask.
1. Okay, a little more Wear A Mask

**Even Better:** Wear a face shield over a face mask.

Face coverings and masks do not significantly restrict oxygen or increase carbon dioxide, but some can get hot and uncomfortable over time.

Try different masks to see what works for you.

*Take mask breaks outside or away from others!*
2. Watch Your Distance

Oregon Ready Schools Safe Learners Physical Distancing content will be used to inform required physical distancing practices in the school setting.

- **At least Six feet** physical distancing between people.
  
  *Think you are 6 feet away? Now take 2 steps back!*

- **Restrict all non-essential visitors and volunteers** (includes family members, PTO).

- **Do not congregate in the staff break room or work room.** Do not share food. Contact supervisor about the number of staff allowed in the rooms at one time, and lunch staggering options. *Please eat alone, or eat outside at least 6 feet away from others!*

- **Signage will be installed at all facilities establishing safe distancing.**
  
  - **Corridors:** directional arrows in corridors separating directions. Keep your distance reminders.
  - **Entrances:** social distancing reminders and distance markings in vestibules.
  - **Classrooms:** desk markings, social distancing reminders. Classrooms will accommodate 35 sq. ft. per student.
  - **Common areas:** Spacing dots in waiting or queuing areas.
3. Wash Your Hands

Oregon Ready Schools Safe Learners Hand Hygiene content will be used to guide school practices.

- Teach and reinforce handwashing with soap and water for at least 20 seconds. *WHO: Wash your hands poster with specific steps*

- Increase monitoring to ensure adherence to washing upon entry to the building, prior to eating, after restroom use, and before and after recess.

- Classrooms with sinks will have hand soap and paper towels available.

- If soap and water are not readily available, hand sanitizer that contains at least 60% alcohol can be used (for staff and older children who can safely use hand sanitizer). *Students should be supervised with the use of hand sanitizer. There have been incidents of hand sanitizer splashing in eyes and into mouths.*

- Sanitizer dispensers will be located at all entrances, common areas, offices, at stairs both top and bottom, classrooms, and strategically throughout the facilities.
Please take a moment to rest your mind and take a deep breath. This is a Rufous Hummingbird, doing the same...
Protocol for Local Public Health Authority (LPHA) Notification

1. Protocol to Notify LPHA of a confirmed case of COVID-19:
   a. COVID-19 Case or Outbreak Response Protocol

2. Protocol to report to LPHA any cluster of any illness among staff or students:
   a. School office staff, attendance office staff, and district nurses will monitor attendance information to help identify and report any clusters of illness among staff or students, as requested by LPHA.
## 3. Possible Exposure to COVID-19

### COVID-19 testing

A **viral** test tells you if you have a current infection.

An **antibody** test might tell you if you had a past infection.

1. **If you test positive for COVID-19 by a viral test**, contact your supervisor or district nurse.

2. **If you test negative for COVID-19 by a viral test**, you probably were not infected at the time your sample was collected. However, that does not mean you will not get sick. The test result only means that you did not have COVID-19 at the time of testing. You might test negative if the sample was collected early in your infection and test positive later during your illness. You could also be exposed to COVID-19 after the test and get infected then.

### CDC 3 Key Steps to take while waiting for your COVID-19 test result

- **Isolation and Quarantine**
  - **Isolation** separates ill people with a contagious disease from people who are not ill.
  - **Quarantine** separates and restricts the movement of people who were exposed to a contagious disease to see if they become ill.
<table>
<thead>
<tr>
<th>Scenario</th>
<th>Instructions</th>
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<tbody>
<tr>
<td>If person has COVID-19 symptoms or tested positive for COVID-19.</td>
<td><strong>Isolate</strong>&lt;br&gt;1. Stay home for 10 days since the day symptoms first appeared, or since the day the positive test was taken (if the person is asymptomatic), and &lt;br&gt;2. 24 hours with no fever over 100.4 degrees F. (without using fever-reducing medication), and &lt;br&gt;3. Symptoms are improving</td>
</tr>
<tr>
<td>If person has COVID-19 symptoms but tested negative or did not test and has a more likely diagnosis according to a note from a health care provider.</td>
<td><strong>Exclude</strong>&lt;br&gt;1. Stay home from school until 24 hours with no fever over 100.4 degrees F. (without using fever-reducing medication), and &lt;br&gt;2. Symptoms are improving.</td>
</tr>
<tr>
<td>If person is a close contact to someone with COVID-19. (close contact means was within 6 feet for 15 minutes or more, regardless of face covering)</td>
<td><strong>Quarantine</strong> (even if no symptoms of COVID-19, or tested negative, or have not been tested).&lt;br&gt;1. Stay home for 14 days after last exposure, and &lt;br&gt;2. Monitor for symptoms.</td>
</tr>
</tbody>
</table>
1. **Surveillance** (systematic collection of data to analyze specific diseases or trends within a population).
   a. School staff will survey for an increase in illness or absenteeism, and report to a district nurse.
   b. The district nurse will identify a cohort, school building, or entire district population to actively survey based on community trends or a report from LPHA.

2. **Contact Tracing**: [OHA COVID-19 reporting guidelines](#)
   a. Schools are required to report data on close contacts to a COVID-19 case at school to LPHA for contact tracing (identifying those with the potential exposure to a communicable disease).
   b. **Information important for LPHA in contact tracing**:
      i. Name, date of birth, phone number, address, last day in contact with the positive case whether that be in class, on the bus, or in another school activity.

3. **Logs**:
   a. **Student classroom roster** (Synergy), **Intervention and student support cohorts** (Google form), **Health Check using Health Room Log** (Google form), **Student attendance** (Synergy), **Transportation** (log), **Itinerant staff roster** (google Staff Health Screening form), **Visitor roster** (Raptor), **COVID-19 Surveillance** (Nurse google sheet), **Illness cluster or outbreak** (Nurse google sheet).
Screening for Symptoms of COVID-19

1. **Staff Screening:**
   a. **Staff will self-screen for the main symptoms of COVID-19 every day** using a google form \[Staff Health Screening Form\] on their computer or school entrance ipad or QR code on their mobile phone. **Itinerant staff** must fill out this form when arriving at each building.

2. **Essential Visitor Screening:** Visitors will use the Visitor Health Screening Form QR code or paper copy in building vestibules.

3. **Student Screening:**
   a. **Parents/Guardians** will be requested through district and school listserv messages and emails to screen their children each morning for the main symptoms of COVID-19 and excludable symptoms of communicable disease, before sending them to school.
   b. **Bus drivers** will be requested to visually screen students for the main symptoms of COVID-19. They will report to the school staff that a student requires a Health Check.
   c. **School staff will visually screen students upon arrival** at the school entrance for the main symptoms of COVID-19. They will report to the Health room staff that a student requires a Health Check.
   d. **Teachers or other school staff will visually screen students for the main symptoms of COVID-19 (or other signs of communicable disease) when doing attendance upon arrival to the first classroom of their day** (and at any point during their school day). They will report to the Health Room staff that a student requires a Health Check.

   a. **Staff may also request a Health Check**, including temperature, from the Health Room staff at any time during the school day.

   b. **If a staff member is feeling ill**, they should contact their supervisor or district nurse.
1. **High risk populations** include people who have one or more of the following characteristics or conditions:
   a. CDC Persons who have increased risk for severe infection with COVID-19

2. **Staff**:
   a. All staff will be given the opportunity to **self-identify** as high risk or part of a high risk household. Please contact your supervisor.
   b. **Redeployed** staff members will be assigned to online instructional support, work tasks without in-person contact, (i.e., maintenance projects, office work), or leave options.

3. **Students**:
   a. Health promotion communication will be provided to encourage measures and education on communicable disease prevention and consultation with physicians as needed on individualized measures.
   b. District nurses will communicate with each family of children who are known to be immunocompromised to request consultation with their physician and specialists in regards to school attendance.
   c. District nurses will update Individualized Healthcare Plans, as needed.
   d. Multidisciplinary teams will be convened to update 504’s and IEP’s.
   e. District Nurses will provide appropriate communications and notifications on student-specific needs to applicable staff.
   f. Families will have the option of a full-time online education.
Health Room for Isolation

1. If students, staff, or visitors are reporting or showing the main symptoms of COVID-19 or other communicable disease symptoms, they should be sent/brought to the Health Room or other designated area away from others for a Health Check using the Health Room Log. Consider not to using the word 'isolation room' with students. Students with illness symptoms will be going to the Health Room (as always) where they will be cared for.

OSNA Modifications to Health Room for Isolation

1. Health Room staff should be aware of all students or staff with reported underlying health issues and existing plans of care.

1. Students who do not have symptoms of communicable disease should not enter the Health Room. Their needs should be attended to in the main office, classroom, or other designated area.

1. Health Checks will be conducted privately and respectfully without implicit bias in accordance with district policies and any state laws or regulations.

1. Health Room staff will contact a district nurse for any questions or concerns.

1. Health Room staff will contact Emergency Medical Services (EMS) for serious illness as described in Medical Emergency procedures.
When to Isolate and Send Students and Staff Home

Person comes to health room feeling ill or showing signs of illness. ISOLATE the person.

Wear appropriate PPE. Do not leave person unattended.

Take temperature, if fever over 100.4 degrees, or chills

Cough, new onset
- Shortness of breath or difficulty breathing, new onset

Fatigue
- Headache
- Muscle Pain
- Nasal Congestion, Runny nose
- Nausea, Stomachache
- New loss of taste or smell
- Sore Throat

Diarrhea
- Eyes (unexplained redness; pain, swelling, vision changes, or yellow/brown drainage)
- Jaundice (now yellow color in eyes or skin)
- Rash or open sores (new or spreading, or draining and cannot be completely covered with a bandage)
- Vomiting
- Acting different without a reason (unusually sleepy/grumpy, or after a head injury)

Put a disposable medical mask on person, if tolerated and developmentally appropriate.

Call Nurse, or
 Call 911 if life-threatening.

Call Nurse, person may go home or may stay depending on the situation.

Person to go home or go to healthcare facility.

Follow school Medical
Emergency Instructions for
Serious Illness or Injury
Healthy Environments

1. Plans for systemic disinfection of classrooms, offices, bathrooms, and activity areas:
   
a. Electrostatic disinfectant equipment will be available at each facility. This equipment will allow custodial staff to rapidly clean areas of the building with full coverage of all surfaces.

b. Disinfectant spray and microfiber cloths or disinfecting wipes will be available in every classroom and staff area. All microfiber towels will be washed daily.

c. School staff including but not limited to the building engineers and custodians are to disinfect the following areas between, before, after, or during lunch every day that students are in school: all high contact points include but are not limited to; desks, tables, chairs and stools, counters, dispensers, door handles, and any other high touch points that students and staff touch.

d. The school engineer and custodians will disinfect the bathrooms at least once every day during student contact time and completely after school is out.

e. The school building engineer will use the electrostatic sprayer to disinfect classrooms during the day in between classes/periods. The custodians will provide support during the day to help cover the areas in between AM and PM groups. When school is over for the day at all locations, the night custodian(s) will do a deep cleaning of the school to get it ready for the next day. The following is what they will clean and disinfect: desks, tables, chairs, bathrooms, counters, sinks, towel and soap dispensers, door handles, light switches, door windows, walls.
2. **Shared objects:**
   a. Discourage sharing of items that are difficult to clean or disinfect. Shared upholstered items should be removed.
   b. Keep each child’s belongings separated from others’ and in individually labeled containers, cubbies, or areas.
   c. Ensure adequate supplies to minimize sharing of high touch materials to the extent possible (e.g., assigning each student their own art supplies, equipment) or limit use of supplies and equipment by one group of children at a time and clean and disinfect between use.
   d. School designated technology will be wiped down between uses.

3. **Playgrounds, Fields, Recess, Breaks, and Restrooms:**
   a. Students will access outside areas during planned break times. No outdoor equipment will be used.
   b. Recess activities will be designed to support cohorting and social distancing.
   c. Students will wash their hands or use hand sanitizer before returning to the building, and after going to the restroom.

4. **Ventilation:**
   a. Building air purging will occur prior to occupying each day, this process schedules our mechanical equipment to activate and bring in outside air.
   b. Hepa filter units will be used in Health Rooms and rooms with possibly decreased air flow.

*Please open windows when safe to do so!*
Contact a school district nurse with any questions or concerns.

Call 503-534-2359 or email:

- Shawn.Adams@loswego.k12.or.us
- Lisa.McBee@loswego.k12.or.us
- Hannah.Moriniti@loswego.k12.or.us
- Ann.Nelson@loswego.k12.or.us
1. Centers for Disease Control See various specific CDC webpage links within the plan.
2. Oregon Health Authority and Oregon Department of Education. See various specific webpage links within the plan.
3. U.S. Food and Drug Administration. See specific webpage link within the plan.
4. Molalla River School District Comprehensive Communicable Disease Plan
5. National Association of School Nurses and Oregon School Nurses Association
6. World Health Organization (WHO)
7. Images from Oregon Health Authority.